# Powerful pollinators

Encouraging insect pollinators in urban environments & gardens



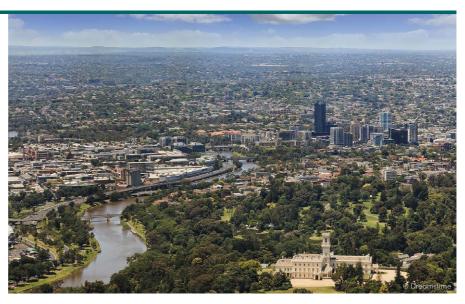
Pollinators are an essential component of our cities and suburbs. Enhancing pollinator resources to support a diverse range of beneficial insects is important for flourishing gardens, sustainable backyards, healthy green spaces, and thriving ecosystems. The Powerful Pollinators Guide provides an introduction to encouraging insect pollinators in the northern suburbs and surrounds of urban Melbourne.



# The power of pollinators

Pollinators – mostly insects, but also birds and mammals – assist the production of seeds and fruit in many plant species by visiting flowers in search of food (nectar and/or pollen). Whilst foraging they transfer pollen from one flower to another, facilitating fertilisation, which results in fruits and seeds.

Honey bees, native bees and other native insects like hoverflies, wasps and butterflies provide essential pollination services for native plants, garden flowers, fruits and vegetables.



Increasing the abundance and diversity of native plants in urban landscapes supports pollinators by providing a range of food sources and nesting sites.

#### Pollinators and food security

Without insect pollinators, the quantity and diversity of food and plants grown in backyard gardens would be severely restricted. Many of the foods we eat, from gardens and farms, benefit from pollination.

Pollinator-dependent foods include citrus, apples, stone-fruits, zucchini, pumpkins, strawberries and tomatoes, as well as plants grown for seed such as sunflowers, coriander and parsley.

The quantity and diversity of insect pollinators are key drivers of production as they influence both food yields and quality. Under-pollination results in smaller and misshapen fruit or seed that isn't viable.

A diverse and healthy community of pollinators generally provides more effective and consistent pollination than relying on any single species.

Pollinators are essential to, and dependent upon, healthy ecosystems. A growing human population and increasing demand for food puts pressure on ecosystems, with potential negative impacts on biodiversity, the environment and food production.

Insect populations are in decline worldwide due to land clearing, intensive or monocultural agriculture, pesticide use, pollution, colony disease, increased urbanisation and climate change. Low pollinator numbers mean not all flowers are pollinated, leading to low fruit or seed set. This in turn reduces fruit and vegetable harvest yields, and decreases food supply.



Under-pollination results in smaller, misshapen fruit such as this strawberry.

#### **Backyard biodiversity**

Insect pollinators are a prime example of the importance of healthy ecosystems in urban gardens, parks and reserves. Insects are the 'canaries in the coal mine' of our urban and rural environments. Without our 'littlest creatures', we lack pollinators, natural beneficial pest control services, and critical food source for other insects, birds, amphibians, reptiles and mammals.

The presence of connected and widespread pollinator habitat is critical to support insect populations if we are to maintain sustainable cities and productive, healthy gardens and urban farms for food security and biodiversity.

Pollinators require habitat that contains year-round food sources, breeding resources and nesting sites. The presence of pollinator habitat adjacent to food crops has been shown to improve food production by enabling a greater variety and number of pollinators to persist year-round, providing pollination services when required.

Turn to the centre of this brochure for a guide to planting for pollinators.

# Diapause or diet? Where are the insects?

Many insect pollinators undergo a diapause during colder winter months. Diapause is a period of suspended development during unfavourable environmental conditions, and during this period insect pollinators do not need flowers. Birds and other small mammals will continue to benefit from available pollen and nectar during this time.

If there are low numbers of insect pollinators in your local area, it is important to determine whether this is because of diapause, or because of an inadequate availability of nectar and pollen creating a 'food desert' where insect pollinators cannot survive.

There are still many unknowns about insect pollinators in Australia. Take part in Australian Pollinator Week or in the annual Australian Pollinator Count to learn more about pollinators in your area – visit:

AustralianPollinatorWeek.org.au and AustralianPollinatorCount.au

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# Encouraging pollinators in your garden

#### **Create pollination reservoirs**

Pollination reservoirs are areas that provide floral resources for pollinators. They can be gardens, new plantings or existing habitat such as established trees, or even local bushland, parks or reserves. A high diversity of plant species is essential to provide nectar, pollen and nesting sites throughout the year. Pollination reservoirs need to be close enough to where pollinators live to ensure that they can fly easily to them

#### Improve on what you have

Enhance and improve your existing pollinator habitat where possible. Gardens that already contain established trees, rockeries, ponds, bare soil and organic matter, and a variety of flowering plants, are a valuable resource for beneficial insects and pollinators.

Nature–strips, verges, laneways, vegetable gardens, orchards, nature reserves, and riverbanks and creeks can all be important pollinator–attracting areas. Protect and enhance native pollinator plants in your garden and surrounds for the future.

#### Plant trees, shrubs and groundcovers

Planting a variety of species of groundcovers, shrubs and trees in your garden will further attract pollinators to your patch. Initial watering and protection will improve the success rate of young plants. Some plants such as wildflowers or native pea species are excellent at attracting pollinators, rewarding keen gardeners with a diversity of native pollinators.

Be a citizen scientist and do some detective work to discover local pollinators in your patch. Visit **inaturalist.ala.org.au** to be involved.

#### Construct insect real estate

Insect hotels, which are both functional and attractive, are a great way to add to habitat and nesting places for pollinators and insects in your backyard or garden. The hotels are easily moved to be close to flowering plants and those needing pollination, especially if you have a new garden that is still growing. Include lots of different sized holes, cracks and crevices to provide homes for various solitary insect pollinators.

#### Plant for the future

When establishing pollinator habitat, consider including species that are indigenous to your area but can tolerate increasingly drier and warmer conditions, to create resilient habitat for climate change. Rehabilitate weedy areas into managed pollination reservoirs by introducing lots of flowering plant diversity. Be careful not to plant invasive or listed weeds, and look for suitable replacements.

#### Amplify the flower signal

Plants have evolved large flowers or clusters of smaller flowers because they attract more pollinator visits.
Large, colourful and diverse plantings attract more pollinators. Ideally, plant in groups that contain different vegetation layers — combine a species—rich mixture of wildflowers, ground—covers, herbs, lilies, rushes, climbers, shrubs and trees.

#### **Connectivity counts**

Insect pollinators benefit from greater connectivity of habitat in a landscape, which allows them to forage over a wider radius and increase in numbers in a local area. Encourage friends and neighbours to plant for pollinators and create connections in your community.

#### Get to know your local flora

Your local government area has distinct populations of insects, depending on the local flora and environment.

Knowing your local insect species will help you develop better plantings.

The plants growing in nearby nature reserves or bushland will be suited to your climate and soils. Local environment groups and specialist native nurseries can provide information about local plants.

#### Grow a bumper crop

Pollinator-attracting plants include many fruits and vegetables grown in backyards, community and market gardens, and orchards. Pollinators ensure good yields of crops such as apples, beans, avocado, and almonds, and bush foods such as Lilly-Pilly and Finger Limes.

#### Reduce chemical use

Insecticides, fungicides and herbicides all affect bee, colony and wild pollinator health. Herbicides can impact pollinators by reducing the availability and diversity of flora and removing vegetation that helps support insect life. Some herbicides can also harm the beneficial microbes in the insect gut. Insecticides are an obvious threat to pollinators, yet many beneficial insects will, in healthy numbers, help control pest insects, ultimately reducing the need for insecticide use.

Many crops are dependent on pollination by bees. When chemical pest control is unavoidable, select products that are least harmful for pollinators and apply insecticides in the evening or at night when pollinators are not active.

Always use according to directions, especially for withholding periods, and notify beekeepers a few days before spraying chemicals so beehives can be safely relocated away from harm.

**Safeguard the bees?** The best way to 'save the bees' and protect our pollinators is to create an abundance of diverse habitat — from the ground up! There is much interest in keeping a bee hive to promote pollinators, but there are serious legal and biosecurity responsibilities that must be considered, and that the introduction of a bee hive does not displace existing native pollinators and insects. Be a friend of pollinators and say it with flowers!

A guide to planting for pollinators for Metropolitan & Greater Melbourne North & East



#### Healthy populations of insect pollinators are important for sustainable and resilient gardens, vegie patches and native flora.

This Guide will help you select plant in your garden and community throughout the year.

The north and east bioregions of Melbourne include the southerly aspect of the Great Dividing Range, with moderate to steep slopes and valley flats. Vegetation includes dry forest woodland and damp forest on upper slopes, wet forest in valleys, and cool temperate rainforest in gullies. Less fertile hills support grassy dry forest. Granitic and sedimentary areas are heavily cleared grassy woodlands.

The climate is warm to hot and dry in summer, and cool to cold and wet in winter and spring. Snow may occur in elevated areas, and frosts in low-lying valleys.

The plants listed in this Guide will help supply rewards to pollinators, with an emphasis on species that are indigenous later flowering. and suited to local climates.

Garden centres sell many common pollinator-attracting ornamental flowers Most of the plant species listed are and herbs labelled as 'bee-friendly'.

The eucalypt species in this Guide are mostly large trees, and not suitable for all local environment groups. If you can't gardens, but have been included for their source these plants at your local garden value as good nectar producing species. centre, or indigenous nursery, ask them Most eucalypts do not flower every year, to contact the local wholesale nursery so choosing diverse species will help create continuously flowering habitat.

### The pollinator plant list

To create pollinator-attracting plantings, use the Guide to choose a selection of plants with a variety of flower colours, different growth habits and a range of flowering seasons.

species to attract and sustain pollinators For each species, the planting Guide lists:

- life-form/'habit' (climber, herb, shrub or tree) and height (m).
- the vegetation type in which they naturally occur
- flower colour and flowering season
- growth requirements (sun/shade, moist/dry)
- insect groups that may visit each plant and the floral reward (pollen and/or nectar).

The coloured bars indicate the flowering months for each species. Darker shading denotes the peak flowering period, with a lighter shading for non-peak flowering months. Flowering dates may differ between regions and seasons, particularly for non-peak times, if your local climate is consistently warmer or cooler than average, with earlier or

#### Sourcing plants

available from retail or wholesale nurseries or native plant growers, and suppliers and plant growers listed online. See the reverse of the Guide for details.



WheenBeeFoundation.org.au

	Lifeform	Common name	Scientific name	Family	Vegetation type	Height	Flower colour	<b>Flowerinç</b> Jan Feb Mar Apr May Jun Ju		Aspect	Soil moisture	<b>Pollinato</b> Pollen		ive bees Honey be		<b>on by pollin</b> Wasps B		Moths B	Beetles	Flies
	Indigenous plants Groundcovers	Austral Indigo	Indigofera australis	Fabaceae	Woodland, Forest, Heathland	2.5 m	Mauve-Purple			Sun to semi-shade	Dry	•				•				
	Groundcovers	Running Postman	Kennedia prostrata	Fabaceae	Woodland, Forest, Heathland	< 0.3 m	Red			Sun	Dry		•				•	•		
	Groundcovers	Matted Bush Pea	Pultenaea pedunculata	Fabaceae	Dry Forest	0.1 m	Yellow & Red			Sun to semi-shade	Dry	•	•	• •	•		•	•	•	•
	Groundcovers	Native Violet	Viola hederacea	Violaceae	Moist Forest, Heathland, Woodland	< 0.3 m	White & Purple			Semi-shade – shade	Wet to moist	•		•			•			
	Lilies & Irises	Chocolate Lily	Arthropodium strictum	Asparagaceae	Grassland, Herbfield, Woodland	0.3 m				Sun	Moist to dry	•*	•	•						
	Lilies & Irises	Bulbine Lily	Bulbine bulbosa	Asphodelaceae	Grassland	0.3 m	Yellow			Sun to semi-shade	Moist to dry	•	•	•	•		•	•	•	•
>	Lilies & Irises	Native Flax Lily	Dianella revoluta	Asphodelaceae	Grassland, Herbfield, Woodland	0.8–1.5 m				Sun to semi-shade	Moist to dry	•	_	•*		_			44	
	Lilies & Irises	Grass Trigger-Plant	Stylidium graminifolium	Stylideaceae	Heathland, Woodland, Open Forest	0.3-0.75 m				Sun to semi-shade	Moist to dry		•	•		•			•	
	Wildflowers Wildflowers	Cut-Leaf Daisy Lemon Beauty Heads	Brachyscome multifida Calocephalus citreus	Asteraceae Asteraceae	Forest, Woodland Woodland, Grassland, Herbfield	< 0.5 m	Mauve Yellow			Sun	Moist to dry Moist	•		•					•	•
	Wildflowers	Milky Beauty Heads	Calocephalus lacteus	Asteraceae	Grassland, Herbfield	< 0.75 m	White			Sun	Moist			•						
	Wildflowers	Clustered Everlasting	Chrysocephalum semipapposum	Asteraceae	Grassland, Herbfield, Woodland	0.15-0.6 m				Sun	Dry to moist	•	•	•			•		•	•
	Wildflowers	Austral Crane's Bill	Geranium solanderi	Geraniaceae	Grassy Woodland	< 0.5 m	Pink			Sun	Moist	•	•	• •			•	•	•	•
	Wildflowers	Yam Daisy, Murnong	Microseris walteri	Asteraceae	Open Woodland, Grassland	< 0.5 m	Yellow			Sun	Moist to dry	•	•	• •		•	•		•	
	Wildflowers	Magenta Stork's Bill	Pelargonium rodneyanum	Geraniaceae	Woodland, Heathland	0.5 m	Mauve			Sun	Moist to dry	•	•	•		•	•		•	•
	Wildflowers	Australian Buttercup	Ranunculus lappaceus	Ranunculaceae	Grassy Woodland, Moist Forest	0.2-0.9 m				Sun to semi-shade	Moist to dry	•	•	• •	•		•	•	•	•
S.	Wildflowers	Slender Speedwell	Veronica gracilis	Plantaginaceae	Grassland, Grassy Woodland	< 0.6 m	Lilac			Sun to semi-shade	Moist	•	•	•			•			
- ,	Wildflowers	Narrow-Leaf New Holland Daisy	Vittadinia muelleri	Asteraceae	Grassland, Dry Woodland, Dry Forest					Sun to semi-shade	Dry	•	•	•			•		•	•
	Wildflowers	Tall Bluebell	Wahlenbergia stricta	Campanulaceae	Grassland, Herbfield, Woodland  Open Forest, Heathland	0.3 m < 0.1 m	Blue Yellow & Red			Sun	Moist to dry Moist	•								
	Vines & Climbers Vines & Climbers	Creeping Bossiaea Small-Leaved Clematis	Bossiaea prostrata Clematis microphylla	Fabaceae Ranunculaceae	Woodland	< 0.1 m	White			Sun to semi-shade	Dry to moist	•								
	Vines & Climbers	Pink Bindweed	Convolvulus angustissimum	Convolvulaceae	Grassland, Woodland	>2 m Ø	Pink			Sun	Dry to moist	•	•	•						
	Vines & Climbers	Purple Coral-Pea	Hardenbergia violacea	Fabaceae	Woodland, Heathland, Forest	< 2 m	Purple			Sun	Moist to dry	•	•	•				•		
s:	Vines & Climbers	Native Bramble	Rubus parvifolius	Rosaceae	Woodland, Forest	1 m	White	Ŏ la		Sun to semi-shade	Moist to dry	•	•	• •	•	•	•		•	•
	Shrubs / Small	Grey Parrot Pea	Dillwynia cinerascens	Fabaceae	Open Forest, Woodland	0.3–1 m	Yellow & Red			Sun	Dry to moist	•	•	• •	•				•	•
	Shrubs / Small	Hop Goodenia	Goodenia ovata	Goodeniaceae	Moist Woodland, Damp Forest	< 2 m	Yellow			Sun to semi-shade	Moist		•	•	•				•	
	Shrubs / Small	River Mint	Mentha australis	Lamiaceae		< 0.3 m	White			Shade to semi-shade			•	•			•			
	Shrubs / Small	Twiggy Daisy Bush	Olearia ramulosa	Asteraceae	Riparian Forest, Damp Forest	<1 m	White			Semi-shade	Moist		•	•			•	•	•	
	Shrubs / Small	Common Rice Flower	Pimelea humilis	Thymelaeaceae	Woodland, Forest	0.3 m	White-cream			Sun to semi-shade	Moist to dry	•	•	•	•		•		•	
	Shrubs / Small	Common Flat-Pea	Platylobium obtusangulum	Fabaceae	Heathland, Woodland	<1 m	Red & Yellow White			Sun to semi-shade	Moist to dry	•	•	•	•		•		•	•
	Shrubs / Small Shrubs / Medium	Creamy Stackhousia Wirilda	Stackhousia monogyna Acacia provincialis	Celastraceae Fabaceae	Heathland, Woodland, Open Forest Woodland, Open Forest	6–8 m	Pale Yellow			Sun to semi-shade Sun to semi-shade	Moist to dry Dry	•	•	•			•	•	•	
	Shrubs / Medium	Common Apple Berry	Billardiera scandens	Pittosporaceae	Woodland, Open Forest	< 3 m	White			Sun to semi-shade	Dry	•	•	•			•	•		
	Shrubs / Medium	Shining Cassinia	Cassinia longifolia	Asteraceae	Dry Open Forest	< 3 m	White		_	Sun to semi-shade	Dry to moist	•	•	• •			•	•	•	•
	Shrubs / Medium	Hop Bush	Dodonaea viscosa	Sapindaceae	Woodland, Forest	3–4 m	Pink			Sun to semi-shade	Dry	•	•	• •	•					
	Shrubs / Medium	Turkey Bush	Eremophila deserti	Scrophulariaceae	Woodland, Rocky Watercourses	< 4 m	Cream			Sun	Dry to moist	•	•	• •	•	•	•		•	•
	Shrubs / Medium	Silky Hakea	Hakea decurrens	Proteaceae	Woodland, Forest	1–5 m	White-Pink			Sun to semi-shade	Dry to moist	•	•	• •						
g	Shrubs / Medium	Woolly Tea Tree	Leptospermum lanigerum	Myrtaceae	Woodland, Heathland, Forest	4 m	White		_	Sun to semi-shade	Wet to moist	•	•	• •		•	•	•	•	•
ıg	Shrubs / Medium	Tree Violet	Melicytus dentatus	Violaceae	Woodland, Shrubland	2–5 m	Pale Yellow			Sun	Moist to dry	•	•	• •	•		•		•	•
	Shrubs / Medium	Sticky Boobialla	Myoporum petiolatum	<u>'</u>	Heathland, Shrubland	< 2 m 2–5 m	White-Pink White		_	Sun to semi-shade	Moist to dry Moist	•	•	•		•	•	•	•	•
	Shrubs / Medium Shrubs / Medium	Tree Everlasting Kangaroo Apple, Poroporo	Ozothamnus ferrugineus Solanum laciniatum	Asteraceae Solanaceae		2–3 m	Purple			Sun to semi-shade	Moist to dry	•*	•	•		•	•			
/	Shrubs / Large	Gold Dust Wattle	Acacia acinacea	Fabaceae	Woodland, Heathland, Grassland	< 2.5 m	Yellow			Sun	Dry	•		•		•	•	•		•
	Shrubs / Large	Kurwan; Sweet Bursaria; Blackthorn	Bursaria spinosa	Pittosporaceae	Woodland, Shrubland	4–6 m	White			Sun to semi-shade	Dry	•	•	• •			•			•
	Shrubs / Large	River Bottlebrush	Callistemon sieberi	Myrtaceae	Woodland, Riparian	4 m	Pink			Sun to semi-shade	Wet to moist	•	•	• •		•	•	•	•	•
	Shrubs / Large	Rock Correa	Correa glabra	Rutaceae	Woodland, Heathland, Shrubland	< 2.5 m	Green-Cream			Sun	Dry to moist	•		•	•	•	•	•	•	•
	Shrubs / Large	Native Hemp Bush	Gynatrix pulchella	Malvaceae	Woodland, Forest	4 m	Green-white			Semi-shade	Moist	•	•	•			•		•	
	Shrubs / Large	Swamp Paperbark	Melaleuca ericifolia	Myrtaceae	Riparian, Wetland	<7 m	White			Sun to semi-shade	Wet to moist	•	•	• •	•		•	•	•	•
	Shrubs / Large	Hazel Pomaderris	Pomaderris aspera	Rhamnaceae		2–15 m	White			Semi-shade	Wet to moist	_	•	•			•	•		
	Shrubs / Large Trees / Small	Victorian Christmas Bush Lightwood	Prostanthera lasianthos Acacia implexa	Lamiaceae Fabaceae	Woodland, Open Forest Open Forest, Woodland	1-6 (<12) m 3–15 m	White Pale Yellow			Semi-shade	Dry to moist Dry	•	•	•		•	•			
	Trees / Small	Golden Wattle	Acacia impiexa Acacia pycnantha	Fabaceae	Woodland	3–15 m	Yellow			Sun Full sun	Moist to dry	•		•		•			•	•
	Trees / Small	Prickly Moses	Acacia pychanina Acacia verticillata	Fabaceae	Woodland	3 m	Yellow			Sun	Moist to dry	•		•			•	•	•	•
	Trees / Small	Muttonwood	Myrsine howittiana	Primulaceae	Riparian Forest, Tall Open Forest	< 15 m	Cream			Shade	Moist	•	•				-		•	
	Trees / Medium	Silver Wattle	Acacia dealbata	Fabaceae	Woodland	3–30 m	Yellow			Sun to semi-shade	Dry	•		• •		•	•	•	•	•
	Trees / Medium	Blackwood	Acacia melanoxylon	Fabaceae	Woodland, Forest	8–20 m	Pale Yellow			Sun to semi-shade	Dry	•		• •		•	•	•	•	•
١	Trees / Medium	Black Sheoak	Allocasuarina littoralis	Casuarinaceae	Grassland, Woodland	5–11 m	Red & Yellow			Sun	Dry	•		• •	•					
	Trees / Large	Red Gum	Eucalyptus camaldulensis	Myrtaceae	Woodland, Open Forest, Riparian	< 40 m	Cream			Sun	Dry to wet	•	•	• •		•	•	•		•
	Trees / Large	Yellow Gum	Eucalyptus leucoxylon	Myrtaceae	Woodland, Forest	< 25 m	Cream-pink			Sun	Moist to dry		•	• •		•	•	•	•	•
Э.	Trees / Large	Yellow Box	Eucalyptus melliodora	Myrtaceae	Woodland, Forest	< 30 m	White			Sun	Moist to dry		•	• •		•	•	•	•	•
	Trees / Large	Red Box Iron Bark	Eucalyptus polyanthemos	Myrtaceae Myrtaceae	Woodland, Forest Woodland, Forest	20 (–40) m < 30 m				Sun Sun	Moist to dry Moist to dry		•	•		•		•		•
	Trees / Large Trees / Large	Manna Gum	Eucalyptus tricarpa Eucalyptus viminalis	Myrtaceae	Woodland, Forest	25 m	White-pink White			Sun	Moist to dry	•	•	•		•	•	•		•
	Food garden plants		zacaryprae virinians	y.raccae		20 111				Juli	o.or to dry									
	Annuals	Sunflower, Lettuce,	Helianthus, Lactuca sp.	Asteraceae	Ornamental and Horticulture	0.5–3 m	Yellow			Sun	Dry to moist	•	•	• •	•	•	•	•	•	
	Annuals	Fennel, Carrot, Parsley	Foeniculum, Daucus, Petroselinum, sp.	Apiaceae		1–2 m	Green-Yellow			Sun	Moist	•	•	•	•					•
	Annuals	Rocket, Kale, Broccoli, Cauliflower	Brassica sp.	Brassicaceae	Ornamental and Horticulture	< 1 m	Cream-Yellow			Sun	Moist	•	•	•	•	•	•	•	•	•
	Lilies & Irises	Onion, Garlic, Leek	Allium sp.	Amaryllidaceae	Ornamental and Horticulture	<1 m	White-Purple			Sun	Moist	•	•	•	•	•	•	•	•	•
	Perennials	Mint, Sage, Salvia, Lavender, Basil	Mentha, Salvia, Lavandula, Ocimum sp.	Lamiaceae	Ornamental and Horticulture	1–3 m	White-Blue-Red			Sun to semi-shade	Dry	•	•	•	•	•	•	•	•	•
	Trees / Small	Apple, Quince, Cherry, Almond	Malus, Cydonia, Prunus sp.	Rosaceae	Ornamental and Horticulture	1–5 m	White-Pink			Sun	Moist	•	•	•						
												*Buzz Pol	linated							

## Know your pollinators



**European honey bees** have two pairs of wings and long, segmented antennae. They are daytime-flying and feed on nectar and pollen. They are generalist pollinators and provide the bulk of pollination services for horticulture and crop plants. Honey bees and native bees are both essential to functioning ecosystems and food security in Australia.

Honey bees have become an important part of the Australian landscape. Honey bees live as colonies, and have a long history of coexistence with humans, including in domestic gardens.



Australian native bees comprise more than 2000 species, which provide essential pollination services. Native bees are generally solitary and live in nests in the ground or in hollow stems, old borer holes and other cracks and crevices, and some have evolved to pollinate particular native flowers through 'buzz pollination'. Although many Australian native bees are generalist foragers, some species have co-evolved with native plants and adapted to be the most effective pollinators of their flowers. Many native plant species, such as Dianella and Grevillea require specially adapted insects to access their nectar and enable the transfer of pollen to the stigma. Most native bees are solitary, but some species found in northern Australia (Tetragonula sp. and Austroplebeia sp.) are social bees and are used for commercial pollination of crops like macadamia nuts.



**Fly** species number up to 30,000 in Australia, and can be identified by having only one pair of flight wings. A second set of wings are modified into club-shaped paddles that allow flies to hover and stabilise their flight. Unlike bees and wasps, many flies (Brachycera) have very small, clubbed antennae at the front of their head. Flies, including blowflies, are often attracted to flowers that smell like carrion. Some flower-flies, have hairy bodies that easily collect pollen while they are feeding. Flies provide a range of services in the garden, including pollination, decomposition and predation.



**Hoverflies** are a type of fly, distinguishable by their large eyes, short antennae, bright black and yellow abdomen and their hovering flight behaviour. Adult hoverflies are nectar and pollen feeders. Hoverfly larvae feed on pests such as aphids, thrips and leafhoppers and are excellent biocontrol agents.



**Beetles** have hard outer wings that form their distinctive beetle shape. Their outer wings form a T-shape where they join at the top, unlike bugs where the outer wings make an X- or Y-shape. Some beetles feed on nectar and pollen, usually by crawling over flower surfaces. There are around 30,000 species of beetles in Australia, with many yet to be formally described.



**Butterflies** have wings covered in tiny scales. They have clubbed antennae and hold their wings upright when at rest. They are day-flying and have long tongues that they can use to feed on nectar in flowers with deep tubes. Butterflies are usually brightly coloured, with approximately 600 species found in Australia.



**Moths** also have wings covered in tiny scales and tend to be subtle in colour. They have antennae without clubs and hold their wings flat when at rest. They are generally dusk- and night-flying but there are some exceptions: the grapevine moth is a commonly seen day-flying moth. Moths feed on nectar. Australia has a high diversity of moth species, with up to 22,000 species thought to exist across the continent.

#### Flower forms



Generalist flowers can be pollinated by many different insects and animals. They are typically saucer shaped with many stamens and have a surface that insects can walk on. Eucalyptus flowers and daisy flowers are generalist flowers — they can be pollinated by bees, flies, beetles and butterflies.



Specialist flowers have modifications to their shape and size that only let certain pollinators access the nectar and pollen. These flowers might have deep flower tubes or narrow entry points so that only a select group of pollinators can access them. The advantage of specialisation is that pollination is very targeted and efficient, with accurate pollen placement made possible by co-evolution between flowers and insects. The disadvantage is that if the correct pollinator isn't there, the flowers aren't pollinated. Often, nectar is produced at the base of the flower, forcing pollinators to enter the flower fully and in the process, become covered in pollen.

# Pollinator rewards

**Nectar** is a sugary solution, rich in carbohydrates, vitamins and minerals, produced by flowers and sometimes by glands on leaves or stems (called extra-floral nectaries). Nectar is attractive to insects, and provides an immediate energy source needed for tasks such as hunting pest insects, laying eggs in decomposing organic matter, collecting pollen, or parasitising other insects.

Carbohydrates alone don't support everything needed for health and growth, so insects also need pollen.

**Pollen** is rich in protein, fats and nutrients. Bees are vegetarian, and need to collect pollen to feed their offspring.

# **Buzz** pollination

Some flowers do not produce any nectar; they specifically target pollencollecting bees, and only offer pollen rewards. To limit pollen loss and ensure effective pollination, some plants produce flowers with specialised, tubular anthers, that only open at the tip. To extract pollen, bees use vibrations to 'buzz' the pollen grains out of the pores of these anthers. Many crops are buzz pollinated, including tomatoes, potatoes, eggplants, capsicum, chillies, tomatillo and cranberries.

European honey bees are unable to buzz pollinate flowers, but several native bees, such as the blue-banded bee, and teddy bear bee (Amegilla sp.) and carpenter bee (Xylocopa sp.) are exceptionally good large buzz pollinators, and have evolved to pollinate native plants such as flax lilies (Dianella sp.). Many of our smaller, ground nesting bees utilise vibration to help them excavate their burrows, and they also

use that skill to buzz pollen from the anthers of native plants.

Planting buzz-pollinated species will encourage populations of buzz pollinators for successful pollination of food crops and ensure seed set in native plants. Many small ground nesting bees also buzz pollinate native flowers.

## Nectar feeding

Grevillea flowers and other tubular flowers are often adapted to be successfully pollinated by birds. Pollen is 'presented' on a floral stigma that extends outside the flower. When birds feed on the nectar, pollen is deposited on their beaks or heads. Bees, also attracted to the sugary nectar, crawl into the side of the flower and feed on the nectar without encountering the pollen-laden stigma. The plant doesn't receive the pollination benefit from the insect, but flowers such Grevillea species can be a very useful source of nectar for insects in the cooler months.





#### **Nurseries**

Most of the plants shown in the planting guide will be available at nurseries that have a good stock of native plants. But if your local nursery doesn't stock the plant you're after, ask them to order it in. For a list of wholesale nurseries that stock all the plants shown in the planting guide, plus other useful resources, visit the Wheen Bee Foundation website

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Far left: The spreading flax lily, Dianella revoluta, is buzz pollinated.

Left: This European honey bee is 'side-working': feeding on the nectar-rich flowers without coming into contact with the plant's pollen.

#### Front cover:

- 1. Australian native bee, *Lasioglossum* (Parasphecodes) hiltacum.
- 2. Aerial view over northern suburban Melbourne. (Photo: Shutterstock)
- 3. European honey bees, Apis mellifera. (Photo: Kirrily Hughes)

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